

CREEKS 2 COAST CLEANUP CHALLENGE

LOS ANGELES WATERKEEPER



Creeks 2 Coast Cleanup Challenge

Los Angeles County is expansive, with a healthy mix of beautiful beaches, bays, parks, and open spaces found throughout its 4,751 sq miles. Despite the ecological and community importance of these areas, we continue to find litter and debris creating negative impacts. Trash poses a threat to human health, wildlife, and our environment. Trash that is allowed to enter our waters becomes marine debris, adding to the pollution problem facing the world.

You can help. By participating in the Cleanup Challenge, you will positively impact communities and outdoor spaces up and down the watershed. Challenge sites are categorized into four groups: Coastal, River & Creeks, Metropolitan Parks, and Trails. Participants pick two sites from three categories of their choice, ensuring your efforts improve our watersheds, help diverse communities, and protect our ocean. After your first cleanup, your group has one year to complete the challenge and will receive a certificate of completion and appreciation packet as a prize.

Thank you for taking the time to care for our waterways!



Guidelines

1. **Recruit your teammates**, if desired
2. **Signup up for the Challenge** on our website
3. **Download Litterati app** and join the Cleanup Challenge.
4. **Select SIX sites** from the list below.
5. **Prep for each cleanup**, grab necessary supplies, read through the safety sheet provided in this guide.
6. **Conduct your cleanups**. Pick up any littered debris you find at your site and be sure to dispose or recycle properly. Take photos to show off your efforts!
7. **Submit your results**. Record the trash items on the Litterati app as you go, results can be submitted at the end of each cleanup.
8. **Now you're a Cleanup Champion!** Once you've completed your 6 cleanups, you'll be featured on our leaderboard, receive Waterkeeper SWAG, and enter to win prizes from our brand partners. Remember, you have one year from your first cleanup to complete the challenge!

How to use Litterati

1. Download the Litterati app and enter the Challenge code:
760260
2. Take photos on the app: photograph every piece of trash as you're cleaning, if it's small fragments of trash, take one photo of the whole area.
3. Upload & tag your photos: tag items in the order of object, material, brand. Ex: a Coca-Cola can would be tagged can, aluminum, Coke.
4. Check out your stats! You can see the amount of trash you've collected, who else is participating, and a leaderboard for the Challenge all on the app.

Approved Sites

Map of Sites

Coastal	River & Creeks	Metropolitan Parks	Trails
Malibu Beaches	Ballona Creek Bike Path	Sepulveda Basin Recreation Area	Elysian Park
Topanga Beach	Arroyo Seco Bike Path	El Cariso Community Regional Park	Griffith Park
Will Rogers State Beach	Compton Creek Bike Path	Brand Park	Runyon Canyon
Santa Monica State Beach	Rio Hondo River Trail	Ascot Hills Park	Franklin Canyon Park
Venice Beach	Glendale Narrow Riverwalk	Whitter Narrows Recreation & Natural Area	Santa Clarita Woodlands Park
Mother's Beach- Marina Del Rey	LA River Entrances	Kenneth Hahn State Recreation Area	Deukmejian Wilderness Park
Playa Del Rey Beach	Lewis MacAdams Riverfront Park	Augustus F. Hawkins Nature Park	Verdugo Mountains
Dockweiler Beach	Elysian Valley Gateway Park	South Gate Park	Ernest E. Debs Regional Park
Manhattan Beach Pier	Maywood Riverfront Park	Magic Johnson Park	Puente Hills Preserve
Redondo Beach Pier	Hollydale Regional Park	Alondra Park	Portuguese Bend Reserve
Cabrillo Beach	Ralph C. Dills Park	El Dorado East & West Regional Park	Temescal Gateway Park
Belmont Veterans Memorial Pier	DeForest Park & Wetlands	Wilmington Waterfront Park	Topanga State Park
Mother's Beach- Long Beach	Wrigley Greenbelt	Angels Gate Park	Cheeseboro and Palo Comado Canyon

Recommended Supplies

- **COVID Kit:** mask/cloth face covering, gloves, 60% alcohol-based hand sanitizer, grabbers (if you have them). *Please see COVID guidelines for more information on best practices.*
- **Cleanup Supplies:** Gloves (reusable or disposable), grabbers (if you have them), bucket or trash bags, Litterati app,
- **Safety Supplies:** Sunscreen, first aid kit, water, snacks



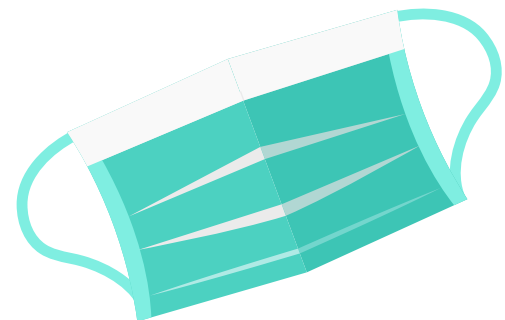
Safety Sheet

1. Always stay in teams of at least two; practice social distancing.
2. Wear gloves, closed-toe shoes, and sun protection at all times.
3. Always pick up trash with your gloved hand and don't pick up anything you don't feel comfortable touching (when in doubt, don't touch it!)
 - DO NOT pick up syringes, needles, broken glass or any sharp objects. Mark the area and notify a lifeguard or park ranger, if possible.
 - DO NOT pick up any weapons.
 - DO NOT touch or remove dead animals, or attempt to move an injured animal. Notify the necessary personnel, if possible.
 - DO NOT pick up natural things. Leave naturally occurring debris like rocks and dead seaweed.
 - DO NOT pick up heavy or buried objects. If you find a large debris item you are unable to move, note it on the Litterati app and we'll follow up
4. If on a bike path, always give right of way to bikers and do your best to keep to the right at all times to allow distance between you and cyclists
5. Stay away from any ecologically fragile areas (e.g. restoration sites, sensitive habitats)
6. Be aware of potentially dangerous plants and animals in the area (e.g. rattlesnakes, poison oak)
7. Some sites are near streams and rivers known to have bacterial pollution, avoid or minimize contact with water, do not go into the water unless it designated
8. Do not clean up around homeless encampments or pick up objects that look like they are someone's belongings, respect their space
9. Be careful of over-exertion, stay hydrated
10. Remember to use hand sanitizer after the cleanup is over, then wash your hands with soap and hot water for 20 seconds as soon as you're able to do so.

COVID Cleanup Guidelines

Participation in any cleanup event is voluntary and solely at a participant's own risk, including risk associated with COVID-19. The following is to ensure individuals are equipped to make an educated, safe and mindful decision to conduct a cleanup while following CDC public health guidance, and EPA recommendations for properly discarding used PPE items.

1. If you are feeling sick or generally unwell, please stay indoors and heal.
2. Make sure you maintain a minimum physical distance of 6 feet. Avoid crowded areas at crowded times.
3. Wear a mask or cloth face covering when in public per CDC recommendations.
4. Refrain from touching your face or public surfaces during the cleanup.
5. Wear gloves. Viruses can live on hard surfaces, and individuals should exercise extreme caution when collecting litter. If using reusable gloves, be sure to properly sanitize between uses. Effective sanitation of a reusable glove depends on the material. Individuals should comply with CDC and EPA guidance on how to effectively sanitize reusable items against COVID-19.
6. Grabbers are a good way to minimize contact between your gloves and trash items. Sanitize these after use and before transport or storage.



COVID Cleanup Guidelines (cont.)

7. Discarded Personal Protective Equipment (PPE) such as gloves, masks, disinfectant wipes, or other medical waste should be handled and properly discarded following very strict protocol. It's important that all PPE items collected are properly disposed of following CDC and EPA guidance. If you feel comfortable handling such items, use grabbers and place the PPE items in the receptacle separate from items collected. Used PPE should be tightly sealed in a trash bag and discarded in a lined and secure trash receptacle. PPE items should not be recycled due to possible contamination
8. Remember to properly disinfect all reusable equipment before and after the cleanup

Emergency Contact Numbers

- **Injured Marine Animal Response (LA County):**
Marine Animal Rescue (800) 399-4253
- **Injured Marine Animal Response (Malibu):**
CA Wildlife Center (310) 458-9453
- **Dead Animal*:** 1 (800) 773-2489
- **Hazardous Items*:** 1 (888) 253-2652

*Note-these numbers are for locations within the City of Los Angeles.

